



# INDIGENOUS HEALTH

**TUTORIAL**

COVER ART BY  
**SHAQ KOYOK**

**DR. SHARUNA VERGHIS**

[ATHYNA.EDUCATION](http://ATHYNA.EDUCATION)

# LEARNING OUTCOMES

1. Explain the term 'Indigenous people,' in the context of the United Nations' principles of self-identification and a strengths-based perspective.
2. Identify and analyse the unique health risks and determinants of health related to Indigenous populations
3. Compare and analyse the disparity in health status between Indigenous and non-Indigenous Australian population
4. Outline key government initiatives related to Indigenous health in Australia
5. Assess the progress of the targets (benchmarks) of the Closing the Gap strategy
6. Analyse the way in which health professionals and general societal behaviour, biases and attitudes affect access to health care for Indigenous people

## TASK 1

# REVISION OF LECTURE CONTENT

This week, students will lead the revision of key concepts and issues from the lecture. Please come prepared to briefly present the concepts and/or empirical evidence related to your assigned topic. These presentations will take place prior to the Group Discussion.

1. Group A/G - Displacement (1788 – 1837)
2. Group B/H - Segregation (1837 - 1937)
3. Group C/I - Ideology of Assimilation (1937 - 1960's)
4. Group D/J - Structural Discrimination (1960's - ongoing)
5. Group E/K - Birthing on Country
6. Group F/L - Racism and Forms of Racism

You may present your topic in any format you prefer. Each group will have approximately **2-3 minutes** to present.

**TASK 2****ABAI: A FILM BY SHAFIE DRIS**

View the short film at <https://athyna.education/8-lecture-determinants-of-indigenous-health/>

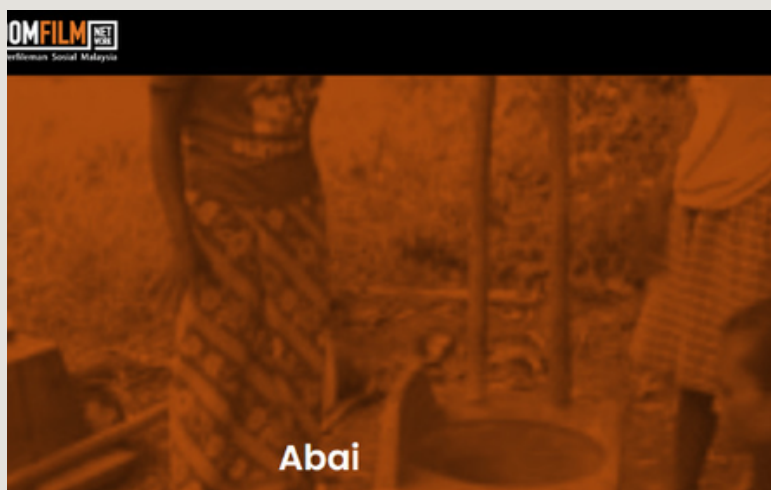
**Group Discussion Question:**

Briefly describe the unique determinants of Indigenous health that were observable in this film.

**Plenary Discussion:**

As you watch the film, reflect on how its themes relate to the lecture content. Where possible, connect the phenomena you observe to key concepts discussed in the lectures and tutorials on Health and Medicine, Health Determinants, and the Social Determinants of Health.

In particular, consider the differences in health outcomes between Indigenous and non-Indigenous populations, as well as the shared challenges faced by Indigenous communities in both Malaysia and Australia. This will be the focus of our plenary discussion after the small group discussion.





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THEME II: POPULATION, SOCIETY HEALTH AND ILLNESS  
Med1100/1200 Semester 1

ATHYNA.EDUCATION

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MEDICINE &  
HEALTH SCIENCES

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