

# DETERMINANTS OF HEALTH

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# LEARNING OUTCOMES

By the end of the lecture and tutorial, students should be able to:

- Explain how structural and intermediary factors interact to influence health outcomes using the Social Determinants of Health framework.
- Describe the mechanism by which the social determinants of health contribute to differences in health outcomes within and between populations.
- Apply the concepts of structural violence, structure and agency, implicit bias, and social exclusion to explain the influence on health inequities.
- Analyze how the ecological model informs clinical and public health decision-making, recognizing the multi-level influences on health outcomes.
- Assess the implications of the social determinants of health for clinical and public health practice.

# TUTORIAL TASK

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This tutorial engages with sensitive themes of harm, loss, and injustice in Babu's story. Some students may find this material distressing. Please take care of yourself during the session, and if you feel overwhelmed at any point, you may take a pause. We recognize that, as future doctors, learning to engage with painful stories is part of your professional role; the aim of this tutorial is to practise doing so in a supported, reflective way. If you continue to feel distressed, please speak with your tutor so that we can help you access appropriate support.

## PRE-LEARNING TASK:

- View the film at <https://athyna.education/6-tutorial-social-determinants-of-health/> and prepare your reflection and responses for the in-class tutorial activity. Come ready to share your reflections with your group.

## IN-CLASS ACTIVITY

**Reflection question** (at the start of the group discussion):

Each member of the group should briefly share their response to the following:

***What aspect of the film did you most engage with, and what will you remember.***

# TUTORIAL TASK contd.

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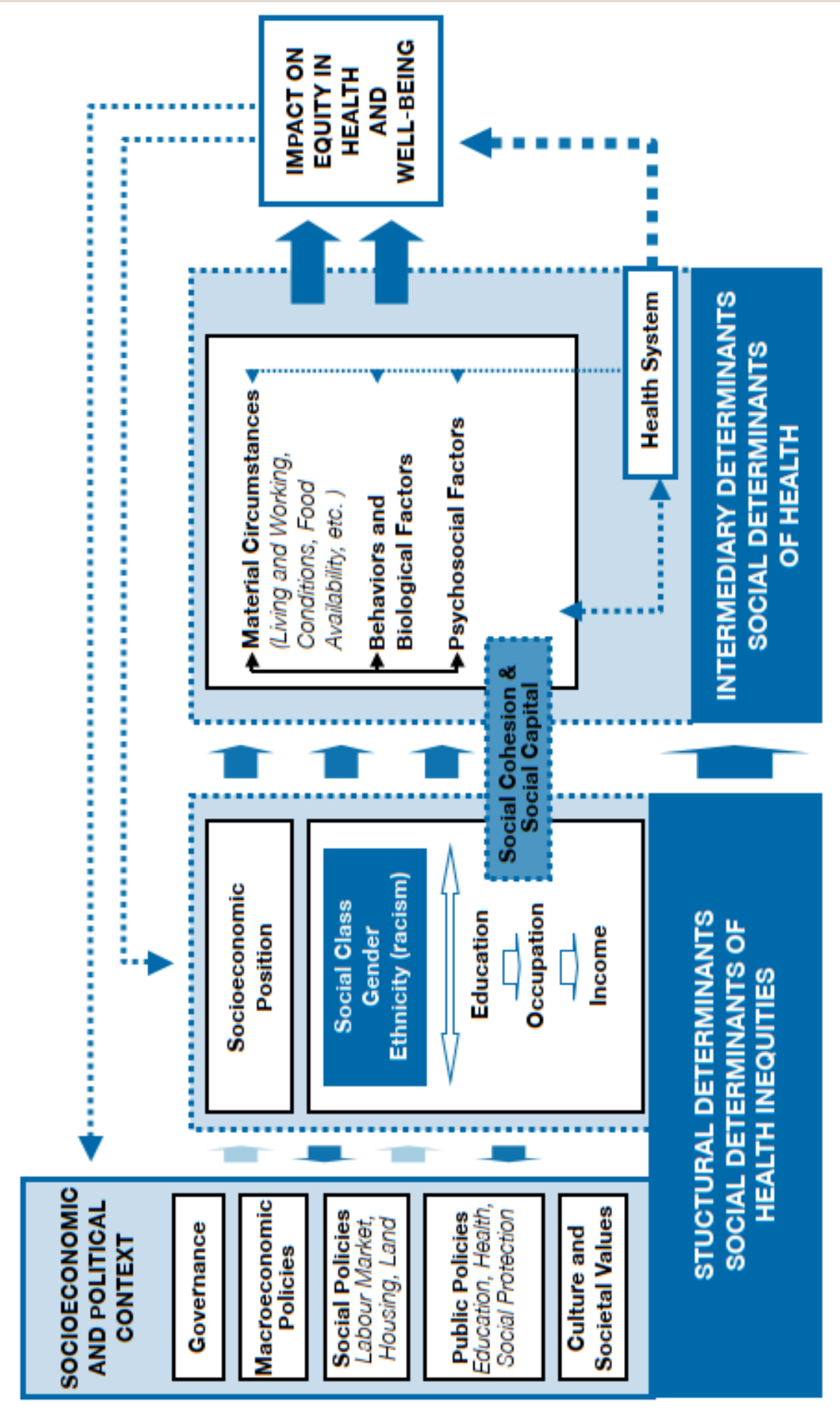
## In-Class Activity: Social Determinants of Health

Working in your small group, use the blank table on page. 3 to trace the chain of logic in Babu's story, based on the WHO Social Determinants of Health (Solar and Irwin, 2010) framework.

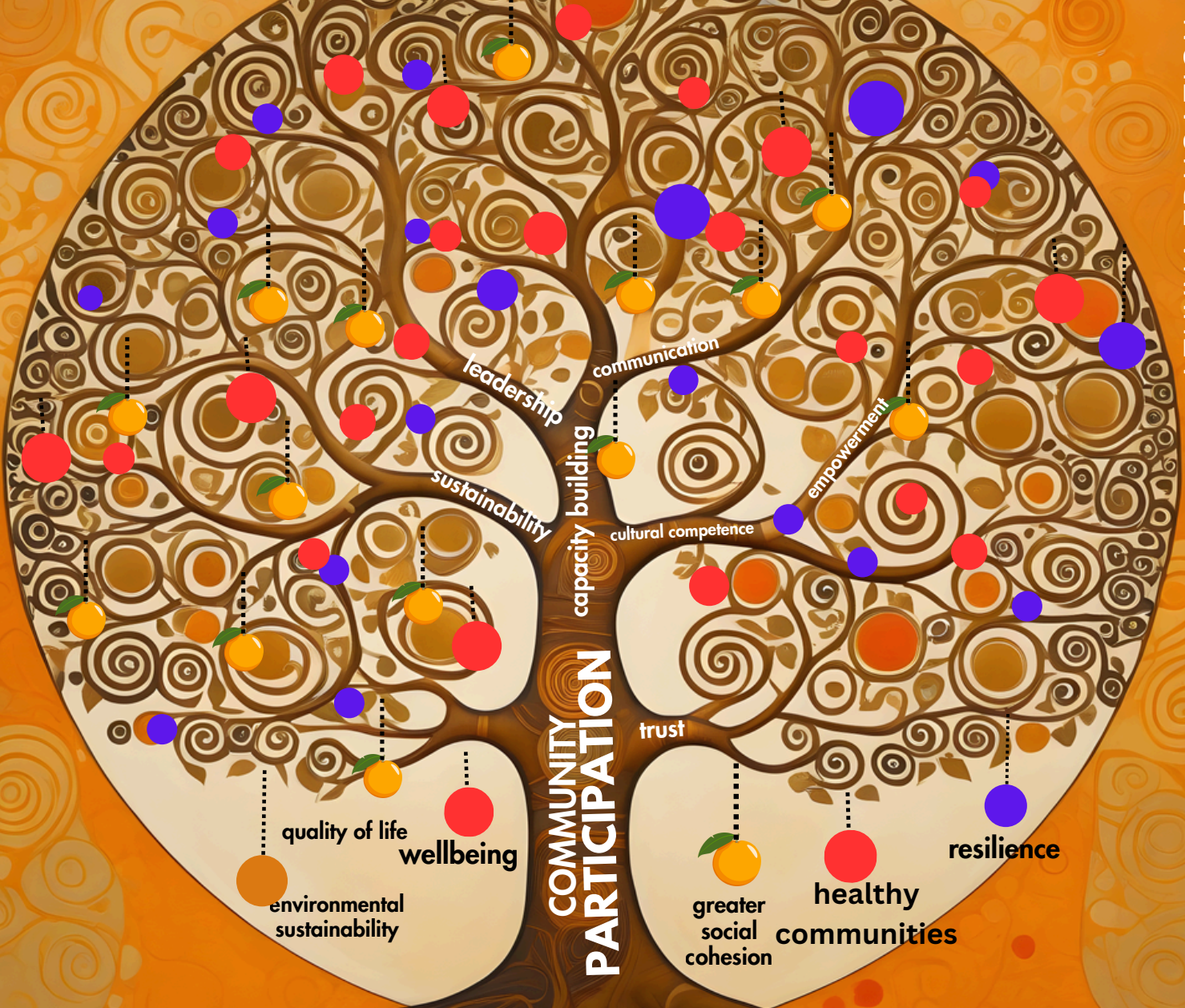
- For each row in the first column (Economic, Social, Health, Immigration, Culture and societal values), discuss what you saw in the film that relates to that structural determinant in Babu's life and write a short description in your own words.
- In the second column, describe how this structural determinant shaped Babu's socioeconomic position, for example his class, migrant status, gendered role, legal status, education, level of debt or bargaining power.
- In the third column, identify the intermediary determinants that followed from this position; include material circumstances such as work, housing and food, as well as psychosocial stress, health behaviours, biological vulnerability and relevant aspects of the health system.
- In the fourth column, note the possible health outcomes or inequities for Babu and his family, such as deterioration in physical or mental health, preventable death, and long-term social and economic consequences.
- In the final column, draft two or three respectful screening questions for each completed row that could help a doctor explore the social determinants of health in a clinical encounter with a migrant worker. These questions should be linked to the chain you have described in that row and should make it possible to identify important structural, socioeconomic and intermediary determinants during a routine consultation.

Aim to complete **at least three of the five rows, focusing on clear connections across each row**

Structural determinants – social, economic, political contexts and policies	Socioeconomic position – how structure locates Babu	Intermediary determinants – material, behavioural, psychosocial, biological, health system	Possible health outcomes / inequities	Screening Questions
Economic – labour export, labour market and macro-economic policies				
Migration - economic between countries, together with recruitment systems normalise temporary low-wage migration as a livelihood strategy				
Social - housing and social protection policies for migrants				
Health – organisation of the health system and entitlement rules				
Immigration – restrictive immigration, documentation and detention policies				
Culture & societal values – normalisation of cheap migrant labour, xenophobia and structural racism				



WHO Social Determinants of Health Framework (Solar & Irwin, 2010)



# DETERMINANTS OF HEALTH

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THEME II: POPULATION, SOCIETY HEALTH AND ILLNESS  
Med1100/1200 Semester 1



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